Job/Internship Search Process Overview



What are your priorities, goals, and values?

(On-going)

Start with 40+ organizations and revise as needed.

Activate your personal, academic, and professional network.

Cast a wide net. How many applications have you submitted?

Have you explored other strategies for identifying opportunities?

Are your materials tailored and ready?

Have you followed up?

Prepare for interviews by reflecting on who you are, your interest in the position, your experiences, and the value you bring.

Feeling stuck? Identify where research, finding opportunities, preparing, interviewing, or following up.

Recalibrate your strategy if needed.

Evaluate the offer and consider negotiation strategies.

Does the offer align with your priorities, goals, and values?

How will you make the most of your experience?

What are 1-2 action steps you can take?

Check out our resources for additional support moving forward.

JOB TRACKING WORKSHEET

NAME OF COMPANY	POSITION	CONTACT	DETAILS ABOUT THE COMPANY, POSITION	APPLICATION AND RESUME NOTES	MY CONTACTS AT THE COMPANY	INTEREST LEVEL (1 TO 5)	STATUS / NEXT STEPS